

FOLK MUSIC VOYAGE

22 MARCH 2009
BERGEN – KIRKENES
8 DAY



Music on deck

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This voyage aboard the MS Finnmarken encompasses a rich and exciting programme of events that reflect the deep-rooted traditions of Norwegian culture. Sailing from the lovely UNESCO setting of Bergen and up beyond the Arctic Circle to the town of Kirkenes, the voyage is a fascinating fusion of music, dance and folk culture, set against the majestic backdrop of Norway's magnificent landscapes. Each day a distinguished collection of folk musicians will perform on board and there will be instrument workshops where you can watch traditional stringed and wind instruments being made. There will also be an array of experts joining us to entertain and educate with a series of talks on Norwegian folk dancing and music, including instructive classes that present an opportunity to take part in some

traditional folk dancing. The itinerary is designed to ensure that guests have an opportunity to enjoy not only the musical programmes, but also Hurtigruten's fascinating selection of onshore excursions, whilst yoga classes and a folk music bar present the ideal

way to relax and unwind. This truly is a unique chance to gain a first-hand understanding of Norway and its people through its cultural heritage, joining with locals and guests alike to enjoy the natural enchantment of this exquisite coastal journey.

2009	Cabin Grades		Inside	Outside *J has a limited view					Suites			
			I	J	L	N	P	U	QJ	Q	M	MG
22 March	Twin	Early booking price	1297	1407	1407	1437	1487	1577	1717	1832	2137	2537
		Brochure price	1712	1867	1867	1912	1982	2097	2317	2467	2907	3487
Save up to £950pp	Supp*	Early booking price	280	310	310	315	325	350	n/a	n/a	n/a	n/a
		Brochure price	385	420	420	435	450	480	n/a	n/a	n/a	n/a

* Single supplement. All above prices are in £s per person, based on two people travelling together and sharing a twin cabin/room. **Your holiday price includes:** Domestic flight Kirkenes to Oslo including all applicable taxes and current fuel surcharges. 6 nights voyage north in cabin grade of your choice including full board, 1 night in Oslo including breakfast, on board programme, current voyage fuel surcharge and transfers (excluding airport transfer on day 1 and day 8). **Not included:** International flights, transfers on day 1 and 8, luggage handling, optional excursions, travel insurance (see page 128). **Early booking price and savings are subject to availability, see page 131-132 for details.**

Flight package £s per person: £495.00. **Your flight price includes:** Return economy class flights from London Heathrow to Bergen with return from Oslo including all applicable airport taxes and current fuel surcharges. **Not included:** Optional carbon balancing fee (£5). Departures and supplements from other UK airports are available on request.

GASTRONOMY IN A MUSICAL FRAMEWORK

15 APRIL 2009
KIRKENES – BERGEN
8 DAY



Norwegian delicacies

A stimulating interplay of tastes and rhythms, this unique voyage travels from Kirkenes to Bergen aboard the MS Midnatsol, taking you on a journey through Norway's rich musical and gastronomic traditions. Combining a series of concerts, cookery classes and wine tasting with the captivating natural beauty of the Norwegian coast, this exceptional odyssey encompasses many of the country's most enchanting highlights. Each day sees us entertained with an array of musical performances that include choral programmes, jazz, joik (traditional Sami singing) and even a midnight recital amidst the stunning setting of Tromsø's Arctic Cathedral. In recent years Norway has established a reputation for exquisite and award-winning cuisine on a par with that of France and Italy, its bountiful marine environment providing a

ready choice of rare ingredients that combine to create a quite unique culinary experience. We shall enjoy some of the benefits of this newly found fame, with daily food classes and lectures that are an appetising prelude to a delicious evening's dinner. All set against the

spectacular natural backdrop of the dramatic Norwegian coast, the voyage gives an opportunity to join in with the usual programme of Hurtigruten shore excursions, as well as enjoy some exceptional regional food and music in the company of like-minded passengers.

2009	Cabin Grades		Inside	Outside *J has a limited view					Suites				
			I	J	L	N	P	U	QJ	Q	M	MG	MX
15 April	Twin	Early booking price	1480	1580	1580	1610	1650	1715	1850	1950	2190	2530	3030
		Brochure price	1930	2070	2070	2100	2175	2280	2480	2620	3010	3520	4290
Save up to £1260pp	Supp*	Early booking price	295	320	320	330	345	360	n/a	n/a	n/a	n/a	n/a
		Brochure price	415	450	450	460	475	495	n/a	n/a	n/a	n/a	n/a

* Single supplement. All above prices are in £s per person, based on two people travelling together and sharing a twin cabin/room. **Your holiday price includes:** Domestic flight Oslo to Kirkenes including all applicable taxes and current fuel surcharges, 1 night at an Oslo airport hotel including breakfast, 5 nights voyage from Kirkenes to Bergen in your chosen cabin grade including full board, 1 night in Bergen including breakfast, current voyage fuel surcharge, on board programme and transfers (excluding airport transfers on day 1 and 8). **Not included:** International flights, transfers day 1 and 8, luggage handling, optional excursions, travel insurance (see page 128). **Early booking price and savings are subject to availability, see page 131-132 for details.**

Flight package £s per person: £470.00. **Your flight price includes:** Return economy class flights from London Heathrow to Oslo with return from Bergen including all applicable airport taxes and current fuel surcharges. **Not included:** Optional carbon balancing fee (£5). Departures and supplements from other UK airports are available on request.

NATIONAL AND REGIONAL COSTUME VOYAGE

24 SEPTEMBER 2009
BERGEN – KIRKENES
8 DAY



Costumes from the Folk-museum in Oslo

© Nancy Burned

Travelling aboard the MS Nordkapp, this fascinating voyage explores the cultural traditions of the Sami and Kven people, within the framework of the Hurtigruten Coastal Voyage between beautiful Bergen and the remote northern landscapes of Kirkenes. A staunch pride in traditional roots has always been an inherent part of the Norwegian character, their national costumes becoming a symbol of pride and cultural significance during the historical occupations by the Danes and Swedes. The remoteness of the coastal communities has seen these traditions survive well into the modern age and regional costumes are still an integral part of community life even today. This remarkable journey explores these roots in some depth, with daily lectures, handicraft workshops and a series of dance and music programmes that provide a telling and engrossing insight into Norway's rich

heritage. On board experts will explain and demonstrate the practical aspects of time-honoured handicrafts, whilst costume parades provide a unique opportunity to see these colourful traditions first hand. There will be an emphasis on Sami and Kven cultures as you

journey towards Kirkenes, allowing you to combine the diversity of Norway's regional traditions with the minority cultures of the extreme north, all against the breathtaking vistas of some of the most dramatic and pristine landscapes on Earth.

2009	Cabin Grades		Inside	Outside *J has a limited view					Suites		
			I	J	L	N	P	U	QJ	Q	M
24 Sep	Twin	Early booking price	1356	1465	1465	1495	1535	1625	1785	1910	2225
		Brochure price	1895	2095	2095	2125	2195	2335	2585	2765	3255
Save up to £1030pp	Supp*	Early booking price	295	330	330	340	350	380	n/a	n/a	n/a
		Brochure price	440	485	485	495	515	550	n/a	n/a	n/a

* Single supplement. All above prices are in £s per person, based on two people travelling together and sharing a twin cabin/room. **Your holiday price includes:** Domestic flight Kirkenes to Oslo including all applicable taxes and current fuel surcharges. 6 nights voyage north in cabin grade of your choice including full board, 1 night in Oslo including breakfast, on board programme, current voyage fuel surcharge and transfers (excluding airport transfer on day 1 and day 8). **Not included:** International flights, transfers on day 1 and 8, luggage handling, optional excursions, travel insurance (see page 128). **Early booking price and savings are subject to availability, see page 131-132 for details.**

Flight package £s per person: £495.00. **Your flight price includes:** Return economy class flights from London Heathrow to Bergen with return from Oslo including all applicable airport taxes and current fuel surcharges. **Not included:** Optional carbon balancing fee (£5). Departures and supplements from other UK airports are available on request.